

Turn on the Charisma!

Embody Your Magnetic Presence and Radiant Aliveness

*Do you have a gift, talent or message to share
but let fear, shyness and self-consciousness
hold you back?*

Embody the CHARISMA Formula
The Five Super Powers that Develop
Unstoppable Confidence,
Heartfelt Charm and
Fearless Speaking Power.

- * **Busting Loose:** Conquer stage fright, shyness, rigidity and awkward self-concerns by turning your greatest fears into your greatest strength.
- * **Vocal Power:** Expand the electrifying, feeling tones of your voice [excitement, enthusiasm, and warmth] that deepen connection with the heart of the listener.
- * **Dynamic Energy:** Tap into an unstoppable reservoir of energetic resources to command and captivate attention.
- * **Personal Impact:** Being comfortable and assured in your body makes an unforgettable impression.
- * **Playful Pizzaz!** Free up your spontaneous childlike spirit - the master key in liberating your inner radiance to shine!

**Once these five super powers are embodied,
nothing can stop you from shinning your
light with grace, boldness and daring!**

Private Sessions and Seminars Contact:
Lynn Wakefield
714-540-2333

Awaken
your
Star Quality



WOWZA

**Wowza's supportive coaching can
quickly pinpoint tension and stress that
stand in the way of unleashing the
beauty and power of your authentic self.**

Wowza is internationally acclaimed charisma coach and expressive arts therapist, movement/voice educator with four decades teaching in the human potential movement. She is a professional actress who studied at the famed Actors Studio and has appeared in many TV shows, plays and films. Wowza has been a group leader at Esalen Institute since 1979 and for the last ten years she has facilitated expressive arts training for performing artists in Mainland China. She is the author of Primal Energetics and Wowzacise - Growing Young on the Ball.

